

Research Question:

Is polymorphism in the novel murine atherosclerotic factor Id3 causally associated with cardiovascular disease in humans?

A. Study Purpose and Rationale

Atherosclerosis is a chronic, inflammatory disease in which lipids, cells and fibrous elements accumulate in the intimal layer of large arteries^{1,2}. This process begins in adolescence and follows a variable clinical course that may ultimately result in myocardial infarction or stroke^{3,4}. Because of this, it is estimated that atherosclerosis is the underlying cause of 50% of all deaths in Westernized society¹. Despite the magnitude of this problem, understanding mechanisms whereby specific genes or gene pathways modulate atherosclerosis in humans remains challenging. This is largely attributed to the fact that atherosclerosis, in its common form, is a multifactorial disorder. While recent studies have identified potential candidate genes in humans, few studies have been able to determine the impact of specific human gene variants on protein function and disease modulation.

Recent studies have identified susceptibility loci for atherosclerosis in both humans and mice⁵. Using genomewide linkage analysis in a Caucasian American population, Wang et al. reported a novel significant susceptibility locus for premature myocardial infarction at 1p34-36 (12-40 Mbp)⁶. Welch et al., used the LDLR^{-/-} mouse in an interspecific genetic cross to identify a murine atherosclerosis susceptibility locus on mouse chromosome 4 (27-154 Mbp), which they named Athsq1⁷. Intriguingly, comparison of human 1p34-36 with the Athsq1 locus in mice reveals that one major gene common to both loci is Inhibitor of Differentiation-3 (Id3).

Id3 is a member of the basic helix-loop-helix (bHLH) family of proteins. While Id3 contains the HLH domain required for protein:protein dimerization, it lacks the basic DNA-binding domain possessed by other members of the family, making it incapable of binding to DNA. Instead, Id3 binds to another subset of bHLH factors known as the E-proteins, including E12 and E47, thereby preventing their dimerization with tissue-specific bHLH factors and inhibiting subsequent DNA binding. These Id:E-protein dimers have been demonstrated to regulate many genes in a variety of cell types including B cells, T cells, adipocytes and smooth muscle cells⁸⁻¹⁰.

Recently, our group has demonstrated an association between polymorphism at rs11574 in the *ID3* gene and carotid intima-medial thickness (IMT) in participants from the Diabetes Heart Study. Biochemical analyses performed in parallel showed that mutation of the major allele of the human *ID3* gene at rs11574 to the risk allele resulted in attenuated Id3 function, rendering it unable to interact with its bHLH partner proteins. Moreover, deletion of the *ID3* gene resulted in a significant increase in atherosclerosis formation in Western-fed *ApoE*^{-/-} mice (an atherosclerosis-prone mouse model). Together, these results suggest that Id3 is an important atheroprotective factor in mice and in humans. It is unknown whether *ID3* polymorphism is associated with any cardiovascular outcomes such as MI and whether Id3 may play a causal role in the development of cardiovascular disease (CVD).

B. Study Design and Statistical Analysis

To determine the relationship between rs11574 and cardiovascular outcomes, a retrospective case-control mendelian randomization study will be performed using data compiled by the Coronary ARtery Disease Genome-wide Replication And Meta-analysis (CARDIoGRAM) consortium. This dataset was compiled from 14 different studies, each of which was either a prospective cohort or case-control study. Of these, nine studies utilized technology that captures the *ID3* SNP of interest, rs11574. This yields roughly 16729 cases and 58006 controls within the aggregate data set (see table 1 below, section G). Cases were defined as patients who had angina or MI, and in some cases also included chest pain/symptoms necessitating PCI or CABG.

Our hypothesis is that within the population of CVD cases, the rs11574 will be more prevalent, suggesting a causal association between *Id3* and CVD. Based on prior data, the carrier frequency of the rs11574 risk allele is 25-30% with approximately 10% of the population being homozygous for the risk allele. In order to detect an increase of 1% in the frequency of the SNP within cases, at 80% power and testing at $p=0.05$, the following would be necessary:

χ^2 estimation:

$$\begin{aligned} n &= 8 \times (p_1q_1 + p_2q_2/\text{effect}^2) + (2/\text{effect}) + 2 \\ n &= 8 \times ((0.1)(0.9) + (0.11)(0.89)/(0.01)^2) + (2/0.01) + 2 \\ n &= 15234 \end{aligned}$$

Given the available data from the CARDIoGRAM consortium, in which there are far greater numbers of controls than cases, this estimate can be revised to approximately 9542 cases and 33112 controls (<http://www.biomath.info/crc/>) necessary for 80% power and $p=0.05$. Therefore, the CARDIoGRAM consortium data should be adequately powered to detect differences. If, however, the allele frequency and/or proportion of patients homozygous for the risk allele are significantly different than those in our original study population (Diabetes Heart Study), then this study may be underpowered.

Once genotypic data is obtained for cases and controls, an odds ratio can be calculated as follows:

	Homozygous WT allele	Homozygous risk allele	
Cases	A	B	~16729
Controls	C	D	~58006
	~67261	~7474	

$$\text{OR} = (A/C)/(B/D)$$

If rs11574 is indeed association with atherosclerosis, we would anticipate an OR of approximately 1.1, which is consistent with other genes found to be risk factors for atherosclerotic disease.

Because our preliminary study using the Diabetes Heart Study was limited to caucasians, it is possible that no effect will be seen in other ethnic groups and the population heterogeneity present in the CARDIoGRAM sample will obscure any effect of the SNP. Therefore, we propose to also examine the effect of rs11574 in a Caucasian subpopulation of the consortium data. Based on published data from these studies,

approximately 85% of the cases and controls were of European ancestry, which, given the large number of patients available in this data set, still provides an adequate number of subjects.

There are several limitations to this study. First, it is possible that Id3, by its nature as a transcriptional regulator upstream of a variety of genes, may influence other factors that can affect CVD. It is also possible that Id3 is in linkage disequilibrium with another gene that is associated with CVD, particularly given its proximity to other genes that have been proposed to be associated with atherosclerosis in GWAS. It is possible that since CVD is multifactorial and most factors are responsible for only a small amount of variation, rs11574 will have too small an effect to be detected in the outcomes. False negative results can also arise from pleiotropy, canalization or gene-environment interaction, although these are difficult to determine or control.

C. Study Procedure

There are no additional procedures being performed on these patients.

D. Study Drugs

Not applicable.

E. Medical Device

Not applicable.

F. Study Questionnaires

Not applicable.

G. Study Subjects

This study will involve the use of a subset of data collected by 14 different prospective cohort or case-control studies, which has been compiled by the CARDIoGRAM consortium. A brief summary of the study subjects from each of the studies is included below (adapted from Preuss et al¹¹). As outlined above, not all of the studies have complete data for the SNP of interest, therefore the total number of subjects for the analysis will more likely approximate 16729 cases and 58006 controls from 9 different studies (estimated based on the type of chip used for analysis in each study; actual numbers not available prior to request for data from the consortium).

Study	#Cases/Controls	%Female	Age	BMI	CVD Definition	Control Definition	Ref
CADomics	2078/2952	21.9/50.5	60.8(10.1)/55.3(10.8)	29.4(5.1)/27.0(4.7)	MI (based on EKG and enzymes)	Population sample with no history of MI	¹¹
CHARGE	2287/22024	33.4/59.6	60.0(7.9)/63.1(8.0)	28.1(7.4)/27.5(8.0)	Definite/probable MI, or PTCA/CABG	No history of CVD defining condition	¹²
deCODE	6640/27611	36.3/61.9	74.8(11.8)/53.7(21.5)	27.7(4.7)/27.0(5.4)	MI (MONICA criteria), angina, CABG or PCI	Population sample with no history of CVD	¹³
GERMIFS II	1222/1287	33.1/48.3	51.4(7.5)/51.2(11.9)	29.0(3.8)/27.4(4.6)	MI (MONICA criteria)	Population sample with no history of CVD	¹⁴
GERMIFS III	1157/1748	20.1/48.9	58.6(8.7)/55.9(10.7)	27.0(3.6)/27.1(4.5)	MI (MONICA criteria)	Population sample with no history of	¹⁴

						CVD	
Luric 1	652/213	20.3/46.0	61.0(11.8)/58.3(12.1)	27.7(4.4)/27.4(4.2)	Angina, NSTEMI or STEMI	No or minor coronary lesions	¹⁵
Luric 2	486/296	23.4/48.6	63.7(9.4)/56.4(12.7)	27.1(3.8)/26.8(4.0)	Angina, NSTEMI or STEMI	No or minor coronary lesions	¹⁵
MIGen	1274/1407	37.2/39.9	42.4(6.6)/43.0(7.8)	27.6(5.2)/25.8(4.4)	MI	Hospital and community based controls	¹⁶
PennCATH	933/468	23.7/51.9	52.7(7.6)/61.7(9.6)	29.8(5.6)/28.9(6.4)	MI, CABG or PCI	Normal angiography	¹⁷

Table 1. Summary of studies from which aggregate data was compiled by the CARDIoGRAM consortium to be used in the proposed studies.

H. Recruitment of Subjects

Subjects have already been recruited to the individual aforementioned studies. No new subjects will be recruited.

I. Confidentiality of Study Data

Data made available to outside investigators by the individual studies or the CARDIoGRAM consortium is already de-identified and coded, so issues regarding patient confidentiality should not arise.

J. Potential Conflict of Interest

None.

K. Location of the Study

Not applicable (no ongoing recruitment)

L. Potential Risks

As data has previously been collected and de-identified, there should be no risks specifically associated with this study.

M. Potential Benefits

There will be no direct benefits to patients.

N. Alternative Therapies

Not applicable.

O. Compensation to Subjects

Not applicable.

P. Costs to Subjects

Not applicable.

Q. Minors as Research Subjects

Not applicable.

R. Radiation or Radioactive Substances

Not applicable.

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